



Adult Sessions – Autumn 2011 .

- Monday -

6.30 to 8.00

Doubles Drills & Tactics for those wishing to improve their fitness and tactical awareness

- Tuesday -

9.30 – 11.00am

Rusty Rackets for those players wishing to get back into tennis

- Wednesday -

9.30 to 11.00

Improvers Group for those wanting to take their game to the next level

- Thursday -

6.45 to 8.15 pm

Rusty Rackets for those players wishing to get back into tennis

- Friday -

Saturday –

1.0 to 2.00pm

NEW - Singles & Doubles Drills if you want to improve fitness and tactical awareness

Sunday –

6.00 to 7.30pm

NEW - Beginners & Improvers if you want to learn from scratch or to go back to basics

Group Sessions £3.50 for 1 hour, £5 for 1 ½ hours

Patrick Duggan [M] 07900 690210 or Peter Cartridge [M] 07941 151228
LTA Tennis Coaches at Hale Gardens Tennis club